



Welcome to IUJ and UMEX

UMEX holds about 50 members and is supported by students, housewives, local government officials, businessmen and self-employed workers: and encompasses members from the early 20s to 80s of age. This wide diversity underpins various activities undertaken by UMEX, allowing international students to attain well-balanced understanding of the Japanese culture and society

Upcoming Events

May 12 Garden Party

UMEX events will be announced by bulletin board or e-mail periodically. Please don't miss it.

UMEX provides the following programs.

1. Helping with your questions on every day life
2. Offering the Japanese Language Program
3. Arranging the Home-stay/Home-visit Programs
4. Offering Japanese Culture classes such as Tea Ceremony class, Flower Arrangement class, Calligraphy
5. Explaining how holidays are celebrating in Japan, for example New Year
6. Serve as a source of information of upcoming activities in the neighborhood
7. Having Country Presentation Series by IUJ students, and so on



Tea ceremony

What is UMEX?

UONUMA Association for Multicultural Exchange (called UMEX) was set up in May 2002 by the local people and IUJ staff to foster multicultural interaction, support foreign residents and enhance Japanese people's awareness of foreign cultures. Furthermore, UMEX through its various activities in association with the local people helps IUJ students experience "Japan" and thus enrich their knowledge about Japanese people, their culture and social life.

Though IUJ is located in Japan as lots of students say they cannot "feel" real Japan here. It is the result of huge cultural diversity of coming students and the fact that common language of IUJ is English. Before UMEX was established lots of students left IUJ without experiencing what is the tea ceremony, ikebana or kimono.

UMEX in short acts as a cultural bridge between the international students of IUJ and the local community of UONUMA.

For further information, access the report section in UMEX homepage at

http: <http://www.umex.ne.jp/E/>

How to obtain information on UMEX programs/events:

- ★ Look at UMEX info on the bulletin board
- ★ Drop by the UMEX salon
- ★ See UMEX homepage at <http://www.umex.ne.jp/E/>

UMEX activities will be decided at the meeting of the working committee to be held at the beginning of every month. Please let us know if you have any suggestions and requests.



New Year's party

UMEX salon in SD 3

Members gather once a week in the UMEX salon located at the IUJ Student Dormitory No. 3, first floor. The salon is open every Saturday, from 13:00 - 15:00 respectively.

The UMEX salon is a place where everyone could meet and talk on a continuous and regular basis to foster interactions. It is an excellent gateway for IUJ students and their families to get to know local people and community.

Conversations held at the UMEX salon are often reflected to a variety of activities, including a bus trip, rice harvesting tour, mountain climbing, wild vegetable cooking as well as presentation by international students or Japanese students of their traditional culture, lessons for Kado (flower arrangement), Sado (tea ceremony) or calligraphy.



Introducing UMEX activities How to join us? Just step in the UMEX salon!



Kids & Baby Salon

The kids salon will be held once a month at the UMEX salon, Cafe No Problem or Tatami-room in MSA.

Mothers and children get together and have fun. Please come and join us with your kids.

For more details, contact:
Ms. Sumiya, Shizuko or
Ms. Takahashi, Kazuko



Hello! I'm Takahashi and in charge of UMEX president. Come and see me at the salon of the evening. Based on your

Japanese Language Program

The UMEX offers Japanese tutor program which is a one-on-one conversation partner style. The purpose of our program is to ease communication difficulties of non-Japanese residents by teaching Japanese and also to help make their life here easier and much more comfortable. The service is free of charge.



It goes without saying that the Japanese language is already part of the IUJ official curriculum, but those who are weak in English or those who cannot find an appropriate level of a class might not be able to take it as part of the official curriculum. UMEX serves as a plaza for those students as well as their families and other foreigners living in the community to learn Japanese.

Dress up by Kimono



Calligraphy



Bus trip for introduction of Japanese culture



Greetings from Alumni

Relationships between IUJ students and UMEX continue even after the graduation. UONUMA will be your second hometown.

Dear UMEX members:

Thank you very much to UMEX for always making IUJ students' life better due to many interesting events. UMEX creates more cultural experiences for us who come from different countries. Furthermore, we can truly learn Japanese cultures by UMEX's members supporting. For this special occasion, I wish UMEX will continue to engage between local people and IUJ students in order to strengthen our area and make it more attractive. Even I graduated from IUJ already but I still follow what happens in Uonuma.

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See UMEX homepage at <http://www.umex.ne.jp/E/>

For more details, please contact:

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